





ESC Project in Poland 2024-25

Start: September 2024 - Apply now: info@mobilnipolacy.org.pl 9 months in Poland!!! - life changing experience

When and how long?: Participation dates are negotiable, but priority is given to people who want to participate for 9 months from September 2024 to May 2025.

Where?: Poland. Region: Lover Silesia. Regional capital city: Wrocław. Town: Milicz. Organizations:

- The Milicz Association of Friends
 of Children and People with Disabilities
 (6 volunteers)
 https://www.mspdion.org.pl
 https://www.facebook.com/mspdion
- Primary school KOM (2 volunteers)
 https://szkolakom.pl
 https://www.facebook.com/KOMszkola
- Primary school SP2 Milicz (2 volunteers)
 https://sp2milicz.pl
 https://www.facebook.com/SP2Milicz
- Primary school SP1 Milicz (2 volunteers)
 http://sp1milicz.pl
 https://www.facebook.com/profile.php?id=100057477339156









What for? To show the inhabitants of the Milicz district that any pandemic or even war in Ukraine, has not severed our ties with other countries, nor has it destroyed the idea of solidarity and volunteering. We want to prove that out there are still young people who are ready to come here in this difficult time and work with people with disabilities, with young people and children. International volunteering projects build trust and bridges between Poland and our closer and further partners. Between the Milicz community and the rest of the family of nations that believe in democracy and human rights.

Who we are looking for: Number of volunteers: 12 in total. 6 in MSPDiON and 6 volunteers in primary schools in Milicz.

VOLUNTEER PROFILE:

EU citizen, between 18-30. Be motivated and dedicated to work. Speak communicative English. Be proactive. Open-mindedness, responsibility and sense of humor are also essential. For this specific project, taking into account it's educational nature, volunteers should feel comfortable in working with children/teenagers and adults, as well as teaching them using non-formal methods.

VOLUNTEER DEVELOPMENT:

Getting experience in working with children. Be familiar with Polish education system and teaching methods in kindergarten and schools. Presentation skills. Management and marketing skills, while preparing events. Develop facilitation skills by preparing and conducting workshops, classes and courses. Improving your language skill - English, learning Polish, teach your mother tongue. Basics skills of graphic design, video editing, using social media. Gain higher level of confidence and self-esteem. Getting to know many places in Poland. Having a portfolio of workshops that you can use after the project. Knowledge of non-formal education methods. Working experience in an intercultural environment. Participating in various trainings and workshops. All of your learning outcomes will be summarized in the Youthpass certificate

VOLUNTEER IMPACT:

- Helping children and teachers with foreign languages.
- Shaping local society towards being more open, tolerant and aware of the fact that there are people that are different from us.
- Showing teachers new methods of teaching/learning from Polish experience teachers their methods and styles.
- Heping students to achieve their goals, motivate them to setting higher goals and giving them the skills and knowledge to do so.
- At the end of the project, you will have a new set of skills that you can use to work with your local community after EVS.

Accommodation, Working hours, transport, money, travel cost, trainings, learning process:

Health and security: Each volunteer have an insurance in CIGNA company, which means free access to Polish doctors of all kinds including dentists.

Accommodation, internet: Project will take place in Milicz, it is a small city occupied by 11 000 citizens located in the Lower Silesia region in Poland, near to regional capital city - Wrocław/ Breslau (0,7 million citizens). Volunteers will live in a rooms in ESC flats (kitchen, bathrooms and all standard equipment). Volunteers usually will share room with another volunteer. Our flats are located in a walking distance to workplace. Internet connection is there provided by organization, free access.

Working hours: Volunteers will be working appr. 35 hours per week, and will have 2 days off per month of holidays, Saturdays and Sundays are mostly free, and Friday usually is for evaluation and workshops with other volunteers.

Local transport: Because Milicz is a small town we don't have any local buses or trams, however we provide for volunteers **bicycles**, which you can use also for exploring great wild nature (ponds, lakes, forests) - national park around.

Food and pocket money: Every volunteer will receive 6 EUR per day of pocket money (in accordance with the program rules), and additionally money for food. In total around 1200 PLN per month. Enough for living in a small town for a month and even travelling in a budget way;) Volunteer will posses his/her own bank account and money will transfer there automatically every month.

Travel cost: Every volunteer will receive reimbursement directly to his/ her account. Budget for each country is based on EU Commission calculator, for travel distances: https://erasmus-plus.ec.europa.eu/resources-and-tools/distance-calculator

Trainings during the project: On arrival and Mid term evaluation organized by Polish National Agency (usually one week in Warsaw and one week in Toruń)

Learning process and language lessons: Each volunteer will have a mentor and access to Polish lessons in EU Academy.

Please check links:

About your coordinating organization and volunteering projects in Milicz:

https://www.facebook.com/mobilnipolacy

https://www.instagram.com/mobilnipolacy

https://www.youtube.com/c/FundacjaMobilniPolacy

About town Milicz, region and nature:

Location of Milicz: https://goo.gl/maps/gwtWgWSBU112

Location of regional capital city Wrocław: https://goo.gl/maps/AURNyrrrhXJ2

Milicz pounds: https://youtu.be/DMUvWdBb1AM

Barycz River Valley and forests: https://youtu.be/n3flQhXiq20

Trip adviser: https://pl.tripadvisor.com/Attraction_Review-g1841440-d7002023-Reviews-Stawy_Milickie-Milicz_Lower_Silesia_Province_Southern_Poland.html

Barycz Valley Landscape Park - https://en.wikipedia.org/wiki/Barycz_Valley_Landscape_Park

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How to apply:

Please, send your CV and motivation letter on:

info@mobilnipolacy.org.pl or facebook.com/mobilnipolacy

Please, in your application add your telephone number, an email, Facebook, Instagram, and other social media - it will allow us to contact with you properly and quickly. Don't forget about your date of birthday, because we have to be sure that you are between 18-30 age.

Also, in your motivation letter please answer for these three questions, it will help you take the right decision:

- 1. Are you ready to work with healthy and disabled children and adults? (depends some of you only with healthy children in primary schools, but some in association for disable children and adults, it depends on host organizations specific and needs)
 - 2. Are you aware that your project will take 9 months and start in September 2024? If say yes, can we be sure that you will not change your mind and stay with us till the end of project till May 2025?
- 3. Are you able and eager to live in a small town? Milicz has just 11 000 citizens. It will be 12 volunteers but there is only 1 cinema, 1 nightclubs and shopping mall.... however there is a lot of nature to explore, good cyclist paths, some gyms, some pubs, and swimming pools;)

See you in Poland soon!

